

**BACK COUNTRY ATV/UTV ASSOCIATION
THE OLDEST AND FINEST CLUB IN CDA, ID. – WE DO IT RIGHT!**

January 2019

NEWSLETTER

Linda Meckle



All roads lead to home. Some are just prettier than others.

“Thousands of tired nerve-shaken, over-civilized people are beginning to find out that going to the mountains is going home; that wildness is a necessity; and that mountain parks and reservations are useful not only as fountains of timber and irrigating rivers, but as fountains of life.” John Muir, Our National Parks

A JOKE FOR YOU

So I'm at Wal-mart buying a bag of dog food for my dog. While in the check-out line, a woman behind me asked if I had a dog. Why else would I be buying dog food, RIGHT??? So on impulse I told her that no, I didn't have a dog, I was starting the Dog Food Diet again, and that I probably shouldn't because I ended up in the hospital last time , but that I'd lost 50 pounds before I awakened in intensive care with tubes coming out of most of my orifices and IVs in both arms. I told her that it was essentially a Perfect Diet and all you do is load your pockets with food nuggets and simply eat one or two every time you feel hungry. The food is nutritionally complete so it works well and I was going to try it again. (I have to mention here that practically everyone in line was now enthralled with my story.) Horrified , she asked if I ended up in intensive care because the dog food poisoned me. I told her no, I stepped off a curb to sniff a poodles butt and a car hit me. I thought the guy behind her was going to have a heart attack he was laughing so hard!!!

5 TIPS TO SHOW SOME LOVE

Motosport by Anrew T.

Despite what some other people say, your love never falters.

Unfortunately, you've lost some of that loving feeling and it has nothing to do with those "couch" comments from your jealous neighbor. We all neglect our true love sometime or another

and it's a flaw you admit but have done nothing to address. You're busy, it's not riding season, maybe it just laziness. Perhaps you want something new, a flashier and younger model.

Well, here's the thing, it's your job to keep her ready to ride and without some effort on your part to keep those assets clean and healthy she not only under performs but underwhelms in the looks department. So why not set aside some alone time and rediscover some of the lost passion.

The attention put in to caring for your ATV (what did you think we were talking about?) not only keeps you happy with your investment but prevents premature wear and tear on your ride. The small things count! With Valentines Day soon upon us we thought you could use a little help and came up with 5 tips to show your quad love.

1. Oil and Filter

Is it time to change the oil and filter? Routine oil and filter changes provide optimal protection and prevents breakdown and performance loss. Don't bother with trying to save money by changing the oil filter every other oil change. Your ride is a high maintenance beast so give her the best treatment. Besides, it doesn't cost a lot and takes just a few extra minutes

2. Intake

You need to let your ATV breathe a bit and a clogged air filter can choke the life out of any engine. Check the air filter. Is it dirty? Pop in a fresh one before you go anywhere and since it is open, clean the air box too. Riding a two stroke ATV? Check the reeds.

3. Bearings

Old and corroded machines often find new life with cleaned and lubricated bearings or complete replacements. Check all the bearings on your ATV including the steering stem bearings, swing arm bearings and wheel bearings.

4. Brake pads and fluid

Sometimes you just need to slow her down. We all love riding hot and heavy but you know what they say, you have to go slower if you want to go faster. Squeaky brakes, squishy brakes or no brakes pose a disaster for you and your quad. Get them fixed! Complete a thorough brake system check that includes the pads, rotors, cable system, and lever. Pads often wear out before any other brake system component so give those a close look and work your way through the fluid and functionality of the master cylinder and caliper.

5. A Day of Pampering

Everyone loves to get cleaned, dressed up and smelling good. Clearly, you appreciate that more than your quad but a thorough cleaning is a great way to appreciate everything she offers and get back to riding. Give yourself

a couple of hours as a thorough makeover includes top to bottom cleaning, polishing the plastic and tightening all nuts and bolts. It's a job, for sure, especially if you ignored general cleaning the last time out (or two) but once you get the showroom shine back and discover a better handling ride you'll wonder why you ever thought about straying. For the love of riding, everything you want sits in your garage. Yes, the ATV relationship falls mostly on you but pay a little attention now and enjoy the fun later.

BACK COUNTRY KITCHEN VITTLES

Some of us like to camp while not riding our ATVs or UTVs so I thought this year we'd explore a few camp friendly recipes. If anyone has any recipes they'd like to share, you know where to find me. I'll post them on this newsletter and it'll make you famous.

Campfire Bean 'N' Ham Soup

These are the best beans and ham you'll ever taste-bar none! Friends rave about this hearty soup that I serve hot off the grill. For easy cleanup, consider covering the outside of your Dutch oven with heavy-duty foil first-

Tom Greaves, Carrolton, Illinois

**Total Time Prep: 15 min. + standing/ Grill: 1 ½ hours
Makes 12 servings (3 quarts)**

Ingredients

1 pound dried navy beans	2 smoked ham hocks
2 small onions	2 cups chopped celery
8 cups water	1 cup chopped carrots
4 cups cubed fully cooked lean ham (1 ½ pounds)	½ teaspoon dried basil
	½ teaspoon pepper

Directions

- 1) Place beans in an ovenproof Dutch oven or Stock pot; add enough water to cover by 2 in. Bring to a boil. Boil for 10 minutes. Remove from heat; cover and let stand for 1-4 hours or until beans are softened.**
- 2) Chop one onion; slice second onion and separate into rings. Set onions aside. Drain and rinse beans, discarding liquid. Return beans to the pan. Add reserved onions, stir in the remaining ingredients including fresh water. Cover pan and place on the grill rack over indirect medium heat or on your oven on medium heat.**
- 3) Cover grill; cook for 1 hour or until beans are almost tender. Uncover Dutch oven; cover grill and cook 30 minutes longer or until beans are**

tender. On stovetop, uncover Stock pot and simmer until beans are tender. Discard ham hocks

HAPPY BIRTHDAY!

Dennis Smith-January 2nd

Joe Saffeels-January 20th

Linda Meckle-January 27th

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TIDBITS FROM YOUR EDITOR

There is not much for me to share with you this month. Maybe due to the lack of snow and cold the Robins have returned. Several days last week and early this week we've had Alfred Hitchcock like flocks of Robins sheltering in our cherry trees and feeding on the ground.

Huge flocks. Hopefully a harbinger of spring. And here we are in the early stages of winter. Maybe there is something to this global warming after all. Strange regardless. Cold as it has been, which as I said, hasn't been too bad, we have noticed quite a few UTVs buzzing by our place. Their obviously made of tougher stock than I, but like the Robins, they make me feel like maybe spring is right around the corner and I too can soon resume riding. As things are, it is barely winter and we will just now be resuming our winter breakfasts this coming Saturday, January 12th at 8:00am at Golden Corral in CDA. The next meeting of Back Country ATV/UTV will be the following week, Tuesday January 15th at 6:30pm. Come early and enjoy dinner with the gang. It's always a good time with like minded friends. In the meantime...

HAVE FUN IN ALL YOU DO AND DO ALL YOU CAN DO!



